

## MENTAL HEALTH TASK DETAILS

Did you know that 5200 people commit suicide each year in Poland, and over 8 million suffer from mental disorders? Half of them say they have felt worse and worse since the pandemic's start. In fact, entire world faces this challenge, yet it is often undervalued and missed by the public. We believe that technology and a fresh perspective on mental health can help fight it!

Create a project that will help to change the status quo! The floor is all yours – it could be just an idea, an app, a board game, a concept that you have in your head, or it can be something totally awesome – **this task has no barriers!** All you need to do is prepare things from the list below to help in the assessment.

The task submitted for evaluation must include

- project title
- team ID
- project description
- maximum 10-slides PDF presentation
- maximum 3 minutes .mp4 video presenting a project. Upload a link to an open repository (like Google Drive) and make sure that it will be available for everyone with public access to watch it. You can use Loom or other software for recording – just make sure you will fit in 180 seconds, that is a maximum time!

The task submitted for evaluation could include:

- snapshots
- code repository
- demo links
- graphic materials
- other materials related to the project

The task solutions should be submitted to platform Challenge Rocket in English only.